

# Inclusion Newsletter

#### December 2022

Brunswick House Primary School is committed to meeting the needs of every pupil at the school. We have high expectations of all pupils whatever their needs and abilities and teach a creative, inclusive and enriched curriculum that helps every child reach their full potential.

# Parent support





Three week mental health support for adults in the Maidstone area: <a href="https://www.maidstonemind.org/livewell-kent-services/">https://www.maidstonemind.org/livewell-kent-services/</a>

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# **Bower Gove Parent Workshop – Attachment**

Friday 27th January 2022 10.00-11.00am

Attachment theory – Clara Green and Katherine Candy present 'Get Attached' How to support young people's well-being and behaviour through attachment practice. This workshop aims to explain why many of our young people behave and express themselves in the way that they do. Attachment Theory will be explained with supportive strategies and resources shared.

Contact: 01622 726773

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# Keep in touch...

If you have concerns about your child's academic progress, social or emotional wellbeing, or are struggling with anything at home which may be impacting on your child and would like to discuss it with us, please call the office on:

## 01622 752102

or send an email to inclusion@brunswick-house.kent.sch.uk

# **Budgeting this winter...**

The excitement of the Christmas holidays has already begun, but for some families, this can be a difficult time. Family Lives have prepared some tips which you may find helpful. Please visit

https://www.familylives.org.uk/advice
/your-family/familyfinance/christmas-on-abudget?referer=/advice/your-family

### **Key Contacts:**

**School office** 

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