

SUBJECT ON A PAGE

PE

At Brunswick House we believe that PE is an essential life skill and physical development enables us to learn about how we move and encourages us to develop healthy lifestyle choices.



Intent- we aim to...



Deliver an engaging and exciting curriculum that helps develop a love of being active in a range of activities.

Encourage children to persevere, succeed and acknowledge their own and others' successes.

Provide children with the opportunity to extend their agility, balance and coordination individually and with others.

Support children with their confidence and participation in competitive sporting events.

Develop positive attitudes to participate in physical activity and make healthy lifestyle choices.

Support children with taking the initiative, to lead activities to focus on improving aspects of their own performance.

Discover their own attitudes and preferences to different physical activities that enable them to be active for life.

Implementation- How do we achieve our aims?

Basic Movements

Children will be taught to master basic movements including running, jumping, throwing and catching and apply these to a range of activities including team games.

Curriculum provision

All children receive two hours of physical education each week and build upon prior attainment in dance, gymnastics, games, OAA and swimming.

Vocabulary and Cross curricular

Lessons include key words, building a rich vocabulary to develop an understanding appropriate for the age and stage of the child.

Extra Curricular

In addition to the PE curriculum, the children are offered extra curricular clubs, including football, netball and cross country. Children also have active break and lunch times.

Impact- How will we know we achieved our aims?



Children enjoy physical activity and are engaged individually and as a team in a variety of activities.

Children participate and are confident when providing feedback to peers.

Children are able to use the skills learnt in everyday activities and apply them to other curriculum areas.

Children take part in competition in school and with schools in the local area.

Children talk with confidence about how to be healthy and active and this is seen in the choices they make in and outside of school.

Children will provide feedback to others and also be confident to challenge others in and out of school.

Children make healthy lifestyle choices based on activity and diet.