



Brunswick House
Primary School

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Here at Brunswick House we have a team of five designated safeguarding leads, who are all trained and provide training for all other staff members within the school. If you need to contact a member of the team, please use the e mail addresses below:

Miss Fullagar—deputy@brunswick-house.kent.sch.uk

Mrs Skinner—headteacher@Brunswick-house.kent.sch.uk

Miss Steward—inclusion@brunswick-house.kent.sch.uk

Mrs Martin –flo@brunswick-house.kent.sch.uk

Miss Lemon—fsleader@brunswick-house.kent.sch.uk

School phone number : 01622 752102

Designated Safeguarding Leads



Mrs Skinner



Miss Fullagar



Mrs Martin



Miss Steward



Miss Lemon

Children's Mental Health Week 2023—6th—12th February 2023

Children are social beings who thrive when they feel connected to their communities. Healthy and stable connections to our friends and family have an overall positive impact on our mental health and wellbeing. If our social connections are not met, we can feel lonely – which has a negative impact on our mental health. As part of Children's Mental Health Week 2023, we are encouraging children to connect with others in healthy, rewarding, and meaningful ways. During Children's Mental Health Awareness week we will be engaging in a range of activities within the classroom and will lead assemblies to promote the importance of staying connected and friendships. The activities will focus on both individual tasks that children can engage in as well as group activities that promote our community and the idea of connecting at Brunswick and beyond.

Below are some websites that may help you in discussions with your children:

<https://goodmentalhealthmatters.com/for-young-people>

<https://www.imago.community/Children-and-Young-People/Kent-Young-Carers>

<https://chums.uk.com/kent-bereavement-service/>

<https://livewellkent.org.uk/six-ways-wellbeing/>

<https://www.childrensmentalhealthweek.org.uk/>

Below are some texts that can be used to support Friendships: and making connections:

