

Common sense:

Use this when deciding whether your child needs to stay at home. Please remember that early morning aches often pass, so don't keep your child at home "just in case" when he or she could be learning in class. If you are not sure, check the guidance in this leaflet or by using our StudyBugs website. For further advice, you could talk to a member of the office staff, your GP surgery or NHS 111.

Your contact details:

Please make sure that the school has these up to date. It is **vital** that school staff can contact you during the day if your child is not well enough to stay in school.

Pre-arranged appointments:

Please complete a Leave of Absence Request on our school website. Evidence of any appointment such as a hospital letter or an appointment card **must** be submitted prior to the appointment date so that this can be authorised by the Headteacher and added to the school system.

If your child is often absent from school for short spells of illness, we may ask you to present a doctor's note to verify the reason for the absence. You should report your child's absence using our school website.

Please do not make routine dental, medical or optician appointments during school hours.

Children are only in school for 190 days a year.

This leaves 175 other days during the year to attend appointments.

If your child is unwell on a school day, always contact the school in the morning ***before 9am***

to let our Attendance Officer know:

On the School Website
<https://www.brunswick-house.kent.sch.uk>

Tel: 01622 752102

Email:
absence@brunswick-house.kent.sch.uk



Brunswick House
Primary School

My child is ill.

Should they
come to school?

Introduction

There has been a steady increase in the number of children missing school on account of illness. Sometimes parents and carers are unsure whether their child should attend school or not.

To help avoid unnecessary school absences while promoting child welfare, we have produced this leaflet as a general guide to help parents decide whether their children are well enough to attend school.

Is my child well enough?

High temperature:

A child with a high temperature should not be in school. Sometimes after being given Calpol, children start to feel better and are then well enough to come to school. In this instance please do bring your child to school if you think they are well enough to be here. (see administering medicines)

Colds and coughs:

A slight cold and a cough **does not** prevent a child from attending school, However children with heavy colds who also feel unwell should stay at home.

COVID-19:

If your child has mild symptoms they are able to attend school.

Respect

Empathy

Rashes:

A rash could be the first sign of one of childhood's many illnesses, such as chicken pox or measles. The rash or spots may cover the entire body or appear in only one area. Do not send a child to school with an unexplained rash or skin eruption until you have contacted your GP surgery for advice.

Chickenpox:

If your child has chickenpox, keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.

Minor aches and pains:

A child with persistent toothache should see a dentist without delay and one with earache should see a doctor without delay. A child whose only complaint is a minor headache does not usually need to be kept at home.

Vomiting and diarrhoea:

If vomiting and/or diarrhoea occurs, your child should stay at home for 48 hours after the last episode. However if the child has an isolated bout of diarrhoea and or sickness they can return to school 24 hours after the last occurrence. (Health England recommend 48 hours).

Scarlet fever:

A child with scarlet fever must see a GP for antibiotics. They can return to school 24 hours after starting the antibiotics.

Teamwork

Conjunctivitis:

A child with conjunctivitis should get treatment from their doctor or the pharmacist and should attend school as usual.

Head Lice:

A child with head lice should be treated for this and then come to school with hair tied back if long. The treatment should be repeated daily for several days to ensure that as eggs hatch, they are combed out of the hair frequently until all are removed.

Threadworm/Ringworm:

Children with thread/ringworm should be treated for this condition and attend school as usual. The rest of the family should also seek treatment. This can be obtained from your pharmacist/chemist.

Hand, foot and mouth disease:

If your child has this disease but seems well enough, they can still attend school.

Slapped cheek syndrome (fifth disease):

A child with slapped cheek should still attend school as they are no longer infectious once the rash appears.

*Administering Medicines:

The School Office staff are fully trained to administer all prescription and non prescription medicines. Please bring it into the school office and sign the appropriate forms.

Self-Belief

Honesty