



BRUNSWICK NEWS

14h February 2023

Self-Care & Mental Health

for Kids

Share your own feelings to encourage self-awareness.

Find social groups that help them feel like they belong.

Set aside time for low-stress or solo activities.

Practice self-care for yourself to set the standard.

Focus on articulating feelings. "I am angry." "I am sad."

Encourage journaling and diaries.

Encourage your child to focus on the moment.

Establish a self-care routine.

Recognize toxic stress events.

Cultivate interests and hobbies.

BlessingManifesting

Drop off at school in the morning

Please note that if you arrive **after 9am**, you must escort your child to the school office/reception so that you can sign them in. For Breakfast Club, children **must** be handed over to a member of staff.

Only year 6's (Year 5's from Term 6) with parental consent are able to walk to and from school by themselves. No other child should be left at the school gates on their own in the mornings.

Mobile phones on site

Once on school site, parents **MUST NOT** use their mobile phones. If you are in the middle of a call when we open the gates, please finish your call before coming onto the school premises. Please be polite to staff who ask you to comply with this rule.

Attendance Information

We are excited to announce this weeks winners at 98.70 % as **Hever** class, who top the leader board. **Congratulations Hever class!**

Mental Health Awareness Week

Clubs and Charities to connect with in your area:

- *Rainbows, Brownies and Guides - <https://www.girlguiding.org.uk/>
- *Cubs and Scouts - <https://www.scouts.org.uk/cubs/>
- *Mind - <https://www.maidstonemind.org/about-us-2/>
- *Citizens Advice - <https://www.citizensadvice.org.uk/>
- *Samaritans - <http://www.samaritans.org/>
- *Young Minds - <http://www.youngminds.org.uk/>

Acts of Kindness

- *Eve and Warwick's mum helped fold the pre-loved uniform after getting it out for the parents and Ava in Rochester helped put it back away in the shed
- *A special thank you to Ms Hego and Miss Hook for helping with a lady who fell over in the street outside the school.
- *Caleb in Leeds class for showing fantastic manners in the corridors. What a super star! Well done Caleb.
- *Mrs Knight for making the uniform posters for the pre-loved uniform event.
- *Our wonderful PTA for always thinking of ways to raise money for our children

RESULTS GRID

1st	Hever	98.70%
2nd	Rochester	98.00%
3rd	Bodiam	97.70%
4th	Lullingstone	97.70%
5th	Dover	96.80%
6th	Upnor	95.70%
7th	Walmer	94.30%
8th	Windsor	94.10%
9th	Deal	92.70%
10th	Allington	92.30%
11th	Leeds	91.30%
12th	Arundel	90.70%
13th	Tonbridge	86.70%
14th	Scotney	82.90%

Well done also to Rochester, Bodiam and Lullingstone pupils for being above the school target of 97%.

Respect

Teamwork

Empathy

Self-Belief

Honesty



Brunswick House
Primary School

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Diary Dates

February 2023

20th: First day of Term 4

March 2023

9th: Allington Class Assembly - 9.15am

16th: Windsor Class Assembly - 9.15am

31st: Last day of Term 4

April 2023

17th: First day of Term 5

27th: Scotney Class Assembly - 9.15am

May 2023

1st: Bank Holiday—no school

4th: Arundel Class Assembly - 9.15am

8th: Additional Bank Holiday—no school

9th - 12th: Year 6 SATS

18th: Hever Class Assembly - 9.15am

26th: Last day of Term 5

June 2023

5th: First day of Term 6

12th: INSET DAY—NO CHILDREN IN SCHOOL

15th: Lullingstone Class Assembly - 9.15am

22nd: Upnor Class Assembly - 9.15am

July 2023

21st: Last Day of Term 6

Keeping in Touch

Miss Lemon - FS Early Years Phase Leader / DSL

FSleader@brunswick-house.kent.sch.uk

Miss Steward KS1 emails Yrs 1 & 2)

KS1leader@brunswick-house.kent.sch.uk

Mr Fenniche – LKS2 Phase Leader (Yrs 3 & 4)

lks2leader@brunswick-house.kent.sch.uk

Miss Zigler—UKS2 Phase Leader (Yrs 5 & 6)

Uks2leader@brunswick-house.kent.sch.uk

Mrs Martin—(Family Liaison Officer) DSL

flo@brunswick-house.kent.sch.uk

(Tuesdays and Wednesdays only)

Headteacher – Mrs Skinner DSL

headteacher@brunswick-house.kent.sch.uk

Miss Steward DSL

inclusion@brunswick-house.kent.sch.uk

Miss Fullagar DSL

deputy@brunswick-house.kent.sch.uk

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Poetry Competition

This year, Brunswick House is taking part in the **Spark! School Book Awards**.

The aim is for children to read four shortlisted books in their age category over the next few months.

We hope along the way there will be plenty of opportunity for your child to be involved in discussions about the books and further interaction with the authors involved.

We would like to invite your child to take part in an exciting poetry competition inspired by the front covers of these books.

The competition is open to all year groups and all pupils have to do is use the books in one chosen category to inspire a piece of poetry.

They could:

Use the cover of one of the books, to inspire a poem that tells a story, develops a description or creates a mood.

Take the title of one book and use it as the basis for your poem - you don't need to have read the book, just let the title fire your imagination.

Use some or all of the words from the book titles in a category, add your own and mix them up into your own poem on the subject of your choice.

You might just wish to write a poem on the power of reading and how it **sparks** your imagination.

Individual pupils can submit directly to the email address sparkbookawards@gmail.com but make sure you use the subject heading 'Poetry Competition' and include our **school name** and the **age category you are in** within the email. **There are four age categories for this competition: Early Years** (Nursery and Reception), **Key Stage 1** (Years 1 and 2), **Lower Key Stage 2** (Years 3 and 4) and **Upper Key Stage 2** (Years 5 and 6).

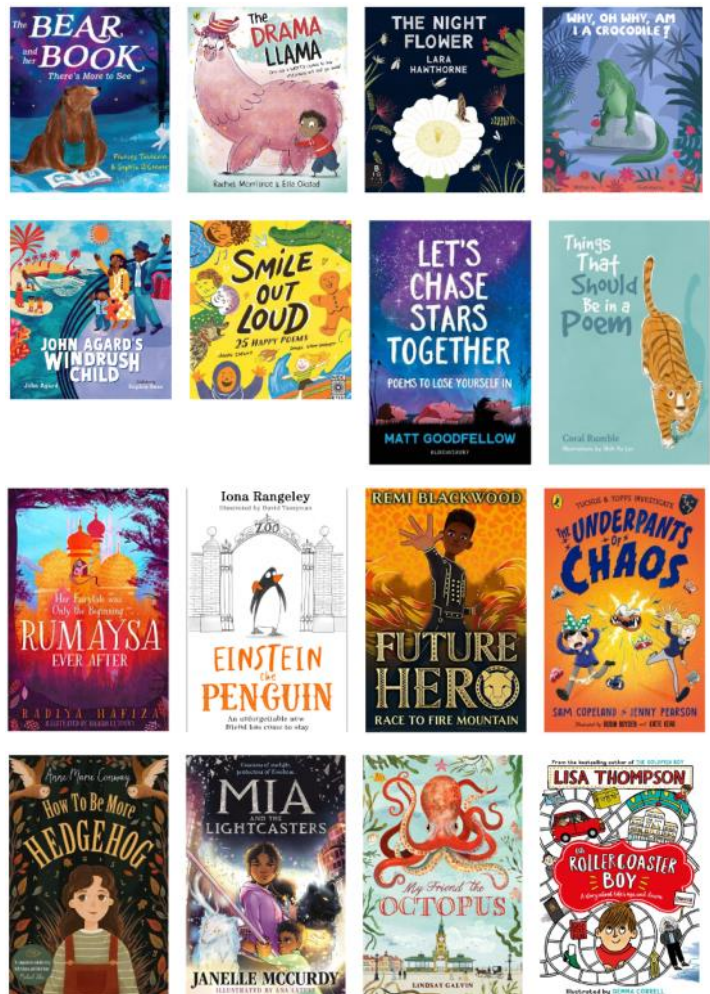
We will also be running the competition at Brunswick House, with a special prize for each age category and certificates for all who take part. Therefore, you can submit your child's poem to uks2leader@brunswick-house.kent.sch.uk to be entered into the school competition too.

Remember to send your poem to **both** email addresses to enter both competitions.

Closing date for both competitions: Friday 10th March 2023
Thank you for reading and I look forward to seeing the entries.
Happy writing!

Miss Zigler
English Leader at Brunswick House

Please see the front covers to inspire your poem:



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