

BRUNSWICK HOUSE SCHOOL,
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Dear Parents,

NITS!

Head lice and nits are a real nuisance. There are a lot around at the moment. **Most treatments sold by chemists kill lice but leave eggs unharmed so that a few days after treatment, children are scratching again** and money has been wasted.

The following method **takes time, but works.**

1. **Wash and rinse hair as normal**
2. **Apply a generous amount of conditioner and leave it on the hair** (this paralyses the live lice)
3. **Comb through with a wide toothed comb to remove tangles**
4. **Use a lice removal comb and comb through a section of the hair at a time. Rinse the comb off, so that the contents go down the sink each time. Continue until all the hair has been combed through.** (This removes all live lice.)
5. **Rinse hair.**

This procedure should be carried out every three or four days for two weeks and by that time, the hair should be free of lice and un-hatched eggs. This method removes live lice as they hatch out but before they have become large enough to move onto another head.

Once hair is lice free, this procedure should be carried out on a weekly basis to prevent re-infestation.

As we consider this an important issue in school, if we see live lice in a child's hair, we will telephone you and ask you to take your child home, carry out the above procedure to remove all lice and then return them to school.

We would also like to re-iterate our school expectation of long hair being tied back to help prevent hair contact and so reduce the spread of head lice in school.

If you have any queries about head lice, please speak to me.

Yours sincerely,

M. Tasker

Mrs M Tasker
Deputy Headteacher

